Lia Stephens

ENCOURAGING THE HEARTS OF WOMEN ONE WORD AT A TIME



BIO

Kia Stephens is a wife and mom of two who is passionate about helping women know God as Father. For this reason, she created The Father Swap Blog to help women exchange their father wounds for the love of God the Father. Kia is also the founder of Entrusted Women, which she created to equip Christian women communicators of color. In addition to these ministries, Kia serves in her local church in Atlanta, Georgia. When Kia is not writing or serving women, she enjoys spending quality time with her family and friends. Kia will be releasing her first book, Overcoming Father Wounds, on March 7, 2023.

SPEAKING TOPICS FOR WOMEN

- Exchanging Father Wounds For the Love of God the Father
- Knowing God as Father
- Being and Embracing the Christian Communicator of Color
- 6 Lessons From a Woman's Faith and a Savior's Love
- The Power of Self-Talk
- Kia can customize a talk for your event.



SPEAKING TOPICS FOR WOMEN

Exchanging Father Wounds For the Love of God the Father

A father wound refers to a physical, mental, or emotional injury that was intentionally or unintentionally caused by a father. This may be the result of divorce, abandonment, abuse, incarceration, addictions, premature death, or a physically present but emotionally absent father. If a woman is unable to heal from these wounds, she may be impacted by them for her entire life. In Kia's talk, she helps women see that overcoming the pain of father wounds is possible when we exchange our pain for God's perfect love.

Knowing God As Father

How is it possible that an invisible God can be a father? What does this look like in the life of a woman who has known father wounds? By taking a closer look at Hagar, Kia examines doubts and feeling women experience as it relates to knowing God as Father. Kia uses Hagar's story to highlight attributes of God that every woman can point to as evidence that God is a heavenly Father to her.

Being and Embracing the Christian Communicator of Color

Although we are all Christian communicators, our experiences are not the same. In this session, we will explore some of the unique challenges faced by Christian communicators of color, discuss biblical and practical solutions, and examine ways to embrace diversity in writing and speaking.

6 Lessons From a Woman's Faith and a Savior's Love

Life can sometimes leave us second-guessing God's love. We may find ourselves wondering if He loves us at all. In this message, Kia will unpack lessons learned from the faith of the woman with an issue of blood and the Savior who loved her. Every woman will leave knowing that they are seen and loved by God their heavenly Father.



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The Power of Self-Talk

What are the words you say to yourself? Are they kind or mean, positive or negative, encouraging or discouraging? Words are powerful and the outlook we have in life is impacted by the words we say to ourselves. In this message Kia identifies lies women tell themselves and helps them take their thoughts captive so that the thoughts they speak to themselves line up with what God says about them.

SPEAKING CREDITS

YouVersion Verse of the Day August 2022
Living Sabbath Virtual Retreat 2022
She Speaks 2019, 2020, 2022
Entrusted Women Conference 2019, 2020, 2021
Women's Online Bible Study
Flourish Writer's Conference
Preach, Sis!
The Sister Circle Online Retreat
Brooklyn Tabernacle's Exchange Online
Beloved Women's Conference 2019, 2020, 2021

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